

Lesson Title/Focus	Fifth Element	Date	February 3, 2015
Subject/Grade Level	Physical Education – Grade 5	Time Duration	½ hour – 10:40-11:15
Unit	Cooperative Games	Teacher	Kayla Meller

LEARNING OBJECTIVES

Students will:

- Select, perform and refine more challenging ways to receive, retain and send an object with control
- Apply critical thinking and problem-solving skills to create competitive and cooperative modified games that involve everyone
- Demonstrate basic strategies and tactics that coordinate effort with others; e.g., team, in order to achieve a common activity goal in lead-up games

ASSESSMENTS

- Observation

LEARNING RESOURCES CONSULTED

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MATERIALS AND EQUIPMENT

- Bean Bags
- Two hula-hoops

PROCEDURE

Introduction		Time
	Number students off into four teams	1 min
Body		Time
Learning Activity #1	<p>Give students instructions:</p> <p>The gym is separated into four quadrants. Each team has a hula-hoop filled with four beanbags of the same color. (one corner has four red, one corner has four blue, one corner has four yellow, and one corner has four green). Teams must get at least one of each color of beanbags into their hoop. Once a team has all four colors in their hula-hoop, they may then grab the beanbag sitting on the bucket in the middle of the gym. This beanbag may not be grabbed until a team has all four other colors. If one of the other colors is stolen while the team is going to the middle beanbag, the team must put the middle beanbag back in the middle and re-steal the missing color. The team with all five colors of beanbags in their hula-hoop will win.</p> <p>Begin game.</p>	25 min
<i>Assessments/ Differentiation</i>	Observation	----
Closure		Time
Closure	Clean up	5 min

Notes: